

Where to go for further information

Training sessions are available to all UHL and LPT staff free of charge for all our electronic resources. We offer several types of session; scheduled sessions and sessions for individuals and groups as and when requested. For more details on training please contact us or visit our website: www.uhl-library.nhs.uk/training

Information and guidance is available on other resources available from the library services. Please contact the libraries for details or check out the library web pages www.uhl-library.nhs.uk for more details.

LRI Odames Library

Level 1
Victoria Building,
Royal Infirmary
Infirmary Square
Leicester. LE1 5WW

Tel: 0116 258 7515

lri.library@uhl-tr.nhs.uk

LGH Library

Education Centre
General Hospital
Gwendolen Road
Leicester.
LE5 4PW

Tel: 0116 258 8124

Fax: 0116 258 8078

leicslib@uhl-tr.nhs.uk

Glenfield Library

Education Centre
Glenfield Hospital
Groby Road
Leicester.
LE3 9QP

Tel: 0116 256 3672

Fax: 0116 256 3334

ggh.library@uhl-tr.nhs.uk

Staffed hours

GH & LRI 9.00am - 4.30pm Monday to Friday

LGH 9.00am - 1.00pm Monday

10.00am - 3.00pm Tuesday to Friday

24-hour access is available at all three sites

www.uhl-library.nhs.uk

DynaMed Plus

What is DynaMed Plus

DynaMed Plus is a point of care resource which is designed to make evidence-based content available in the clinic or ward to assist clinical decision making. It is available to all UHL staff.

Accessing DynaMed Plus

DynaMed Plus is available in 3 different ways:

- 1) From a UHL computer with no password required at all
- 2) From any other computer using a UHL Athens account
- 3) On an Apple or Android phone/tablet using an app



1) From a UHL computer, either click on this icon on your PC desktop or go to uptodate.xuhl-tr.nhs.uk in your internet browser. Then click on the 'Launch DynaMed' icon on the right-hand side of the page that opens.

Launch DynaMed

2) From a non-UHL computer, simply go to this address in your internet browser: www.uhl-library.nhs.uk/dynamed

Then enter your UHL Athens username & password to login.

NHS staff can register for an Athens account here:

www.uhl-library.nhs.uk/athens

3) An app is available for Apple and Android phone/tablet users. You can get more information on the app and how to access to it here:

www.uhl-library.nhs.uk/resources_apps.html

Using DynaMed Plus

Type in your search term in the search box shown below. You don't even need to type the whole term, one or two words may well be enough.

DynaMed Plus

[Results](#) [Images](#)

Polycystic ovary syndrome [Condition](#)

A list of suggested topics will appear based on your search term. Under each topic title you will see the topic outline - click on one of those sections to jump straight to it. Just click on the topic title to go to the start of the topic.

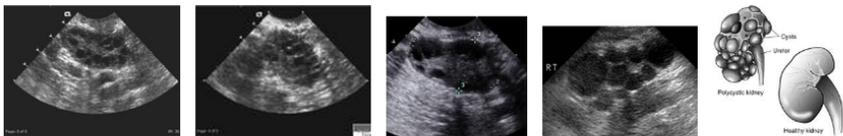
[Results](#) [Images](#)

Polycystic ovary syndrome [Condition](#)

heterogeneous syndrome

[Overview and Recommendations](#) [History and Physical](#) [Guidelines and Resources](#)
[Diagnosis](#) [Complications and Prognosis](#) [Patient Information](#)
[Treatment](#) [Prevention and Screening](#) [ICD-9/ICD-10 Codes](#)

Image Results



Autosomal dominant polycystic kidney disease (ADPKD) [Condition](#)

autosomal dominant polycystic kidney disease (ADPKD) is most common inherited cause of kidney disease

[Overview and Recommendations](#) [History and Physical](#) [Guidelines and Resources](#)
[Diagnosis](#) [Complications and Prognosis](#) [Patient Information](#)
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Down the left side of each topic is the outline with the various sections listed. Click on a section to jump to it. Click on the  symbol to open a list of sub-sections. Select a section or sub-section to get more detailed information on aspects of the topic such as 'epidemiology' or 'diagnosis' or 'treatment'.

Polycystic ovary syndrome [Follow](#) [Print](#) [E-mail](#) [CME](#)

Updates
[+]Updated 2016 Mar 14 09:08:00 AM

Topic Editor Andrea Chisholm, MD, FACOG	Recommendations Editor Zbys Fedorowicz, MSc, DPH, BDS, LDSRCS	Deputy Editor Alan Ehrlich, MD
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Overview and Recommendations

Background

- Polycystic ovary syndrome consists of the clinical findings of ovulatory dysfunction, hyperandrogenism, and polycystic ovaries.
- Polycystic ovary syndrome is often associated with complications including obesity, hyperinsulinemia, and infertility.
- The etiology of polycystic ovary syndrome is unclear and evidence is lacking for a genetic or environmental cause but it is thought that peripheral insulin resistance may lead to hyperinsulinemia and stimulation of excess ovarian androgen production.

Evaluation

- Suspect diagnosis of polycystic ovary syndrome in adult women with at least two of the following clinical findings: androgen excess, ovulatory dysfunction, and/or polycystic ovaries (*Weak recommendation*).
- In adolescent girls:
 - Diagnosis suggested if both (*Weak recommendation*):
 - clinical and/or biochemical evidence of hyperandrogenism
 - persistent oligomenorrhea (after exclusion of other aetiologies)

There is a tools menu across the top of the screen, next to the topic title, which allow you to:

-  **Follow** Set up an alert to inform you of topic updates
-  **Print** Print all or part of the topic
-  **E-mail** Email the topic to yourself or a colleague
-  **CME** Use the inbuilt Continuing Medical Education feature

Other features of DynaMed Plus

- Regularly updated content
- Levels of evidence (with definitions) given to show strength of recommendations
- Guidelines used listed by region, so UK guidelines clear to spot
- Links to BNF in topics for medications
- Auto-suggest features means typos when searching don't have to waste time
- Lots of images that can be used for non-commercial purposes
- RCGP accredited professional development credit system